

# CrossWalk NOTES

## Families on the E.D.G.E.

### God's Help for Families in an Over-Committed, Stressed-Out, On-the-Edge World

## Expression Deficit Disorder

February 3, 2008 – Jeff Gunn

<sup>8</sup>Finally, all of you, live in harmony with one another; be sympathetic, love as brothers, be compassionate and humble. <sup>9</sup>Do not repay evil with evil or insult with insult, but with blessing, because to this you were called so that you may inherit a blessing.

<sup>10</sup>For,  
"Whoever would love life  
and see good days  
must keep his tongue from evil  
and his lips from deceitful speech.

<sup>11</sup>He must turn from evil and do good;  
he must seek peace and pursue it.

<sup>12</sup>For the eyes of the Lord are on the righteous  
and his ears are attentive to their prayer,  
but the face of the Lord is against those who do evil." (1 Peter 3:8-12, NIV).

<sup>15</sup>Instead, speaking the truth in love, we will in all things grow up into him who is the Head, that is, Christ... <sup>25</sup>Therefore each of you must put off falsehood and speak truthfully to his neighbor, for we are all members of one body. (Ephesians 4:15, 25, NIV)

**1. Why can't my family just \_\_\_\_\_?**

<sup>31</sup>But these are written that you may believe that Jesus is the Christ, the Son of God, and that by believing you may have life in his name. (John 20:31, NIV)

I have come that they may have life, and have it to the full. (John 10:10, NIV)

**1. How can my family love \_\_\_\_\_?**

<sup>33</sup>"Make a tree good and its fruit will be good, or make a tree bad and its fruit will be bad, for a tree is recognized by its fruit. <sup>34</sup>You brood of vipers, how can you who are evil say anything good? For out of the overflow of the heart the mouth speaks. <sup>35</sup>The good man brings good things out of the good stored up in him, and the evil man brings evil things out of the evil stored up in him. <sup>36</sup>But I tell you that men will have to give account on the day of judgment for every careless word they have spoken. <sup>37</sup>For by your words you will be acquitted, and by your words you will be condemned." (Matthew 12:33-37, NIV)

**2. What can heal my family from \_\_\_\_\_?**

### My next steps in the "Cross-Walk":

- Commit your heart and your mouth to unity, over right—or rights!
- Commit yourself to time communicating with God—in prayer, in personal Bible study, and in a growth group.
- Commit to meditating on and memorizing 1 Peter 3:10, 12.