

Remodeling Your Bedroom

February 22, 2009 – Jeff Gunn

¹⁵Drink water from your own cistern, running water from your own well.

¹⁶Should your springs overflow in the streets, your streams of water in the public squares? ¹⁷Let them be yours alone, never to be shared with strangers. ¹⁸May your fountain be blessed, and may you rejoice in the wife of your youth. ¹⁹A loving doe, a graceful deer—may her breasts satisfy you always, may you ever be captivated by her love. ²⁰Why be captivated, my son, by an adulteress? Why embrace the bosom of another man's wife? ²¹For a man's ways are in full view of the LORD, and he examines all his paths. (Proverbs 5:15-21, NIV)

The Creator's purpose for sex includes:

Sex purely for my own purpose's sake is really nothing other than a form of _____. It is making myself _____.

²⁷ So God created human beings in his own image.

In the image of God he created them;
male and female he created them.

²⁸ Then God blessed them and said, "Be fruitful and multiply. Fill the earth and govern it. Reign over the fish in the sea, the birds in the sky, and all the animals that scurry along the ground." (Genesis 1:27-28, NIV)

1. God wants us to connect the dots between our sex life and its _____.

The body is not meant for sexual immorality, but for the Lord, and the Lord for the body... ¹⁸Flee from sexual immorality. All other sins a man commits are outside his body, but he who sins sexually sins against his own body. ¹⁹Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; ²⁰you were bought at a price. Therefore honor God with your body. (1 Corinthians 6:13, 18-20, NIV)

2. God wants us to make our sex life a true work of

_____ to _____

him with our bodies.

⁹ You have captured my heart,
my treasure, my bride.

You hold it hostage with one glance of your eyes,
with a single jewel of your necklace.

¹⁰ Your love delights me,
my treasure, my bride.

Your love is better than wine,
your perfume more fragrant than spices.

¹¹ Your lips are as sweet as nectar, my bride.
Honey and milk are under your tongue.

Your clothes are scented
like the cedars of Lebanon.

¹² You are my private garden, my treasure, my bride,
a secluded spring, a hidden fountain. (Song of Songs 4:9-12, NLT)

But blessed is the man who trusts in the LORD, whose confidence is in him. (Jeremiah 17:7, NIV)

3. God wants us to experience both _____

and _____ in our sex life.

My next steps in the "Cross-Walk":

- Evaluate your sex life in the light of God's word. What do you need to change to honor God with your body?
- Recall that Jesus has paid the price to cover all your sins.
- Meditate on and memorize 1 Corinthians 6:19-20.