



CrossWalk NOTES

God's Top Ten

Set Apart Time for God

July 26, 2009 – Jeff Gunn

⁸"Remember the Sabbath day by keeping it holy. ⁹Six days you shall labor and do all your work, ¹⁰but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates.

¹¹For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy. (Exodus 20:8-11, NIV)

Holy = _____ for God.

God wants me to _____ from my rest, not just _____ from my work.

¹The LORD is my shepherd, I shall not be in want. ²He makes me lie down in green pastures, he leads me beside quiet waters, ³he restores my soul. He guides me in paths of righteousness for his name's sake. (Psalm 23:1-3, NIV)

1. _____: Set apart time to restore my soul.

Worship is a two-way street in which we _____ God's

grace and blessing, and then _____ our joy to God.

⁴³And they were all amazed at the greatness of God. While everyone was marveling at all that Jesus did, he said to his disciples... (Luke 9:43, NIV)

¹⁵All this is for your benefit, so that the grace that is reaching more and more people may cause thanksgiving to overflow to the glory of God. ¹⁶Therefore we do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day. (2 Corinthians 4:15-16, NIV)

2. _____: Set apart time to enjoy God's grace and goodness.

I will _____ daily. I will _____

weekly. And when I do, I will be _____ in my Bible—

listening carefully to both _____ and _____.

S = _____

O = _____

A = _____

P = _____

¹²For the word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart. (Hebrews 4:12, NIV)

¹⁶Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God. (Colossians 3:16, NIV)

1. _____: Set apart time to study God's word.

_____ levels can drop between rest-stops. The true target

of the Sabbath is my _____, not my _____.

¹³The Lord says: "These people come near to me with their mouth and honor me with their lips, but their hearts are far from me. Their worship of me is made up only of rules taught by men. (Isaiah 29:13, NIV)

²⁰But you, dear friends, build yourselves up in your most holy faith and pray in the Holy Spirit. ²¹Keep yourselves in God's love as you wait for the mercy of our Lord Jesus Christ to bring you to eternal life. (Jude 1:20-21, NIV)

2. _____: Set apart time to pray and act on God's promises.

My next steps in the "Cross-Walk":

- Prioritize REST on your calendar and your daily task list.
- Purchase a daily Bible and begin to read it. Start SOAPing!
- Memorize scripture! Colossians 3:16 is a great one to memorize.